

# Blessed Are You

Newsletter of The Blessed Foundation 6605 River Styx Road – Medina, OH 44256 - 330-725-5456

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Volume IX: April 2013

## Revelation

Dear Friends of the Foundation,

I pondered what the theme for this year would be over the past few months. During that process I had the opportunity to pick and watch the blooming of a flower that has long captured my interest; the beautiful and intriguing "Bird of Paradise".



There was real joy as I carefully displayed this beautiful specimen in a low ceramic container, ideal for a single flower, so that I was finally able to observe it up close.

For two days I often stopped and looked at what I thought was the full bloom which graced our table and I marveled at the delicacy and strength of this mysterious blossom.

On the third day, to my utter surprise, a second blossom, like the first, revealed itself as the first blossom relinquished its glory to give presence to the second. At this point, I looked more closely at the anatomy of this flower. There is a thick, hard,



pod or cocoon from which the blossoms emerge. And there was what appeared to me, a “tear drop” that formed as a bead where the cocoon splits in order for the flower to emerge.

A few days after the second, the third and final blossom emerged. The second blossom relinquished its presence to the third. And finally, after a couple of weeks, the fading of all three blossoms as it died with utter grace and beauty.



This experience soon reflected, for me, the revelation and maturity of our own life span. What do we truly hold within? How can we not only honor this sacred seed of our life but allow, co-operate and co-create to the full emergence of the Divine as it is revealed within each of us? The words of St. Paul come to mind; I no longer live, but Christ lives in me. Galations 2:20

I believe the programs being offered this year certainly provide wonderful opportunities for each of us to explore more deeply the gift of life and to help us to acknowledge the many layers and complexity that comprise our physical and spiritual journey.

I hope you will be able to take advantage of the gifts of wisdom, expertise and diversity that are planned for this season on the grounds and in Kairos Retreat House.

Listed here are the retreats and events currently scheduled for 2013.

✚ **The Medicine Wheel**

Saturday, June 22, 2013

Presenter: Peggy Hegbar

✚ **Who Am I**

Wednesdays, July 17, 24, 31 & August 7, 14, 21

Presenter: Rev. Lily Jean Haddad

✚ **Full Moon Drum Circle**

Tuesday, August 20, 2013

Presenter: Jo Oklessen

✚ **The Jin Shin Jyutsu® Experience**

Wednesday, September 11<sup>th</sup> thru 14<sup>th</sup>, 2013

Presenter: Michelle Giambra, Certified Jin Shin Jyutsu Practitioner & Self Help Instructor, LMT

✚ **Energize Your Heart**

Saturday, August 10, 2013

Presenter: Tom Leonhardt, Carolyn Horvath & Dee Curci

✚ **Sanctuary at Crossroads Coaching Summer Series**

Sunday, May 5<sup>th</sup>: Coming Home to Mother Earth, Metaphysical Nature Hike – Nancy Nicholas, Intuitive Life Coach

Saturday, May 18<sup>th</sup>: Discover Your Professional Zen – Cathy Posner, Career/Transitions Coach

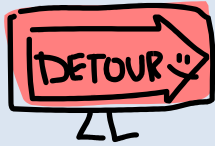
Saturday, June 8<sup>th</sup>: Dimensions of Wellness: Empowering You – Buddy Ann Ross, Holistic Wellness Coach

Saturday, July 13<sup>th</sup>: Wisdom Medicine Circle – Mershona Parshall, Holistic Counselor

Saturday, August 18<sup>th</sup>: Jin Shin Jyutsu Self-Help Workshop – Donna Tkachyk, JSJ Practitioner

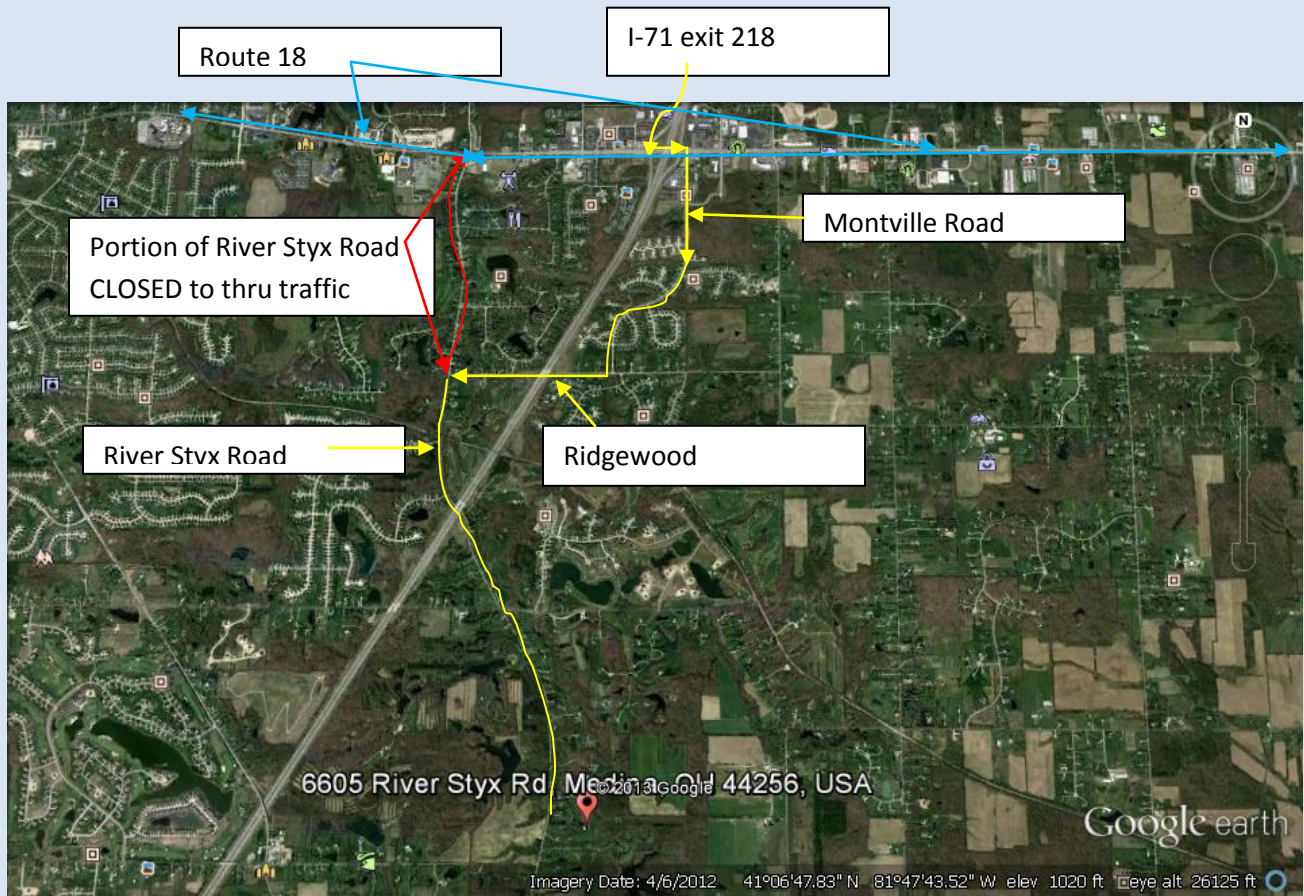
SPECIAL EVENT: Saturday, September 7<sup>th</sup>: The Role of Earth Energies in our Spiritual Journey – Jaap Van Etten, Ph.D.

Please go to the website page link here: [“Programs 2013”](#) for complete details and registration information. Would you kindly forward this newsletter onto others who may be interested in works of The Blessed Foundation.



If you are coming from the NORTH on I-71, there is a detour onto River Styx and Rt 18. The easiest way is to turn LEFT off of I-71 exit 218, stay in the center turn lane of the Exit. You will pass under I-71 . Turn right at the very next street (MONTVILLE DRIVE)...There is a **Strickland's Ice Cream Shop** on the corner. Continue on Montville Drive until it ends onto Ridgewood Drive. Turn RIGHT onto Ridgewood. It will end at RIVER STYX ROAD. Turn LEFT onto River Styx Road to the address of the Foundation. 6605 River Styx Road on LEFT. See the Google Earth Map below. **YELLOW MARKS THE WAY!**

This detour is expected to be in effect for 90 days, beginning April 29th.



Would you like to schedule a personal retreat day, or a day for your group at Kairos Retreat House? There is a calendar page on the website that helps you to schedule your time here. Here is the link for the calendar: [Retreat House Calendar](#)

Kairos Retreat House was created so that individuals who choose to have personal retreat days can feel “home” here and to host small gatherings where there can be a sense of intimacy and community: **A place to lean into the quiet; A place to breathe.**

May love and light guide your days with joy and presence.



In Gratitude,

Dee

The Blessed Foundation's mission is the ministry founded on the Biblical Text

Matt. 25: 35-40

"For I was hungry and you gave me food,  
I was thirsty and you gave me drink,  
A stranger and you welcomed me,  
Naked and you clothed me,  
Ill and you cared for me,  
In prison and you visited me.

Amen I say to you, whatever you did for one of these least,...  
you did for me."

### HOW TO CONTACT US

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- **Our Web site:** <http://www.BLESSED-FOUNDATION.com/>

- **Our Phone:** 330-725-5456

**The grounds are open daily from sunrise to sunset year round.**

**No need to call ahead unless you need the use of a golf cart to get around.**

**Reservations are necessary to use "Kairos" retreat house.**

**The retreat house is available from May through mid September.**

The Blessed Foundation was established as a public charity and organized under Section 501 (c) (3) of the Internal Revenue Code.

Therefore, contributions are tax deductible.

The foundation<sup>6</sup> commits to use 100% of your donation to help others through the work of the foundation, no salaries are ever paid.