

Blessed Are You

Newsletter of The Blessed Foundation 6605 River Styx Road – Medina, OH 44256 - 330-725-5456

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The Nature of Hope

Dear Friends of the Foundation,

I linger over this page.....another year passes through our days as a new season begins here on the grounds of The Blessed Foundation. Passing through the journey of living has had a share of great joys and staggering sorrows. Within the soul of each emotion looms the possibility of *gratitude*. It is through this gratitude that The Nature of Hope is strengthened and secures for us the ability to stand within each threshold of change to wait and wait and wait. And while we wait, sometimes with impatience, sometimes with anger, sometimes with laughter, sometimes with tears, for the almost imperceptible nudge that allows the movement from the threshold into the next room of our life. The gift of grace is to practice waiting. Each life altering experience is a practice within the threshold that prepares us for the final cross-over from this earthly journey. Therein lays the possibility of gratitude and The Nature of Hope.



Spring with its ever continuing cycle of awakening and growth beckons us to examine how we are growing emotionally and spiritually. The retreats and events for the 2012 season on the grounds of The Blessed Foundation Retreat Center offer a variety of experiences to support your life/soul journey.

Listed here are the retreats and events scheduled for this season.

✚ The Medicine Wheel

Saturday June 16, 2012 &

Zentangle

Saturday, June 23, 2012

Presenter: Peggy Hegbar

✚ Shining Like the Sun

Saturday, June 30th OR

Saturday September 1st, 2012

Presenter: Debra Classen

✚ Archetypes

Saturday, July 14, 2012

Presenter: Sarah Schwartz

✚ Full Moon Drum Circle

Saturday, August 2, 2012

Presenter: Jo Oklessen

✚ Meeting the Silence Within

Saturday, August 18, 2012

Presenter: Charlie Koester & Dee Curci

Please go to the **website** page link here: [“Programs 2012”](#) for complete details and registration information.

Would you like to schedule a personal retreat day, or a day for your group at Kairos Retreat House? There is a calendar page on the website that helps you to schedule your time here. The link for the calendar is: [Kairos Calendar 2012](#)

I am often asked why Kairos Retreat House wasn't built bigger so that we could host large gatherings. There are many places to gather that can accommodate large groups. Kairos Retreat House was created so that individuals who choose to have personal retreat days can feel “home” here

and to host small gatherings where there can be a sense of intimacy and community: **A place to lean into the quiet; A place to breathe.**

There are many new additions to the website. I hope you will take the time to visit there. Many photos from last year's gatherings are now posted. A "Medicine Wheel Page" has been added to inform visitors of the creation of a Medicine Wheel, secluded but close to the retreat house is now part of what blesses the grounds here. We are grateful to Peggy Hegbar for bringing this to fruition. Thanks to Google Earth there are now breathtaking aerial views of the grounds and labyrinths on the "About Us" page. We have updated the location map and provided visuals to help with parking here. You can even do a virtual labyrinth walk on the "Labyrinth Page".

Thank you for every footstep that has blest these grounds. May you and all those you love have joy, peace and abundance.

In Gratitude,

Dee

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The Blessed Foundation's mission is the ministry founded on the Biblical Text

Matt. 25: 35-40

"For I was hungry and you gave me food,

I was thirsty and you gave me drink,

A stranger and you welcomed me,

Naked and you clothed me,

Ill and you cared for me,

In prison and you visited me.

Amen I say to you, whatever you did for one of these least,...
you did for me."

HOW TO CONTACT US

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- **Our Phone:** 330-725-5456

The grounds are open daily from sunrise to sunset year round.

No need to call ahead unless you need the use of a golf cart to get around.

Reservations are necessary to use "Kairos" retreat house. It is available from May through mid September.

The Blessed Foundation was established as a public charity and organized under Section 501 (c) (3) of the Internal Revenue Code.

Therefore, contributions are tax deductible.

The foundation commits to use 100% of your donation to help others through the work of the foundation, no salaries are ever paid.